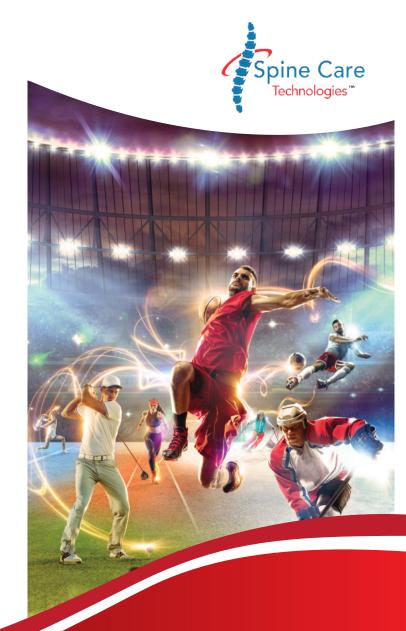# THE EXTENTRAC®
SPORT TECHNOLOGY

- Incorporates conventional orthopedic, physical therapy and chiropractic rehabilitation protocols including YOGA Postures.

- Flexibility of treatment allows for supine, prone, horizontal and vertical stretching as required.

- Flexion, extension, axial, lateral flexion & rotational circumduction enables the clinician to focus on stretching the deep core and skeletal muscles.

- Provides the ability to apply up to 200 pounds of therapeutic distractive force during all range-of-motion simultaneously.

- Empowered by customized leg or lumbar positioning, incorporating distraction with mobilization, for the widest range of customized treatment motions.

- Helps prevent injuries by keeping muscles strong, flexible and healthy.

SPINE CARE TECHNOLOGIES, INC.
240 GLEN HEAD ROAD, P.O. BOX 255
GLEN HEAD, NEW YORK 11545 USA
TEL: 877-398-3687 • FAX: 631-231-0339

- Operating in compliance with ISO 13485:2016
- US FDA 510 (k) K031996, K980021
- Approved patient weight 300 lbs.
- Protected under U.S. & international patents
- Additional patents pending

ENHANCE YOUR PERFORMANCE AND WELL-BEING

WITH EXTENTRAC® SPORT REHABILITATION STRATEGY

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EXTENTRAC® SPORT REHABILITATION STRATEGY

Designed to improve athletic health, reduce back & leg pain, and support optimal sports performance.

Extentrac® benefits athletes by receiving hands-on and fully automated treatment. Prior to exercising and or competition, treatments allow for decreased susceptibility to sports injuries through increased range-of-motion and flexibility, and may prevent the need for more invasive and prolonged treatments.

Extentrac® employs convenient, quick and effective 3-D spine and body mobilization, flexion, extension and circumduction motion combined with distractive force to effectively treat the cause of pain, relieve muscle spasm, joint stiffness and improve spine ranges-of-motion.

Extentrac® provides effective relief though stretching deep spine core musculature and targeting skeletal muscles of the spine and body - to accelerate physical rehabilitation and recovery.

Extentrac® rehabilitation protocols are based on conventional evidence-based research and now being implemented by a growing number of sports and fitness clinicians including orthopedists, physical therapists, chiropractors and athletic trainers.

Extentrac® means preventative care, acute interventional and rehabilitative care providing a quick and effective method to improve athletic health and performance.

BENEFITS OF THE EXTENTRAC® SPORT REHABILITATION

01 UNIQUE THERAPEUTIC POSITIONING OF THE BODY AND SPINE:
Based upon each individual's athlete posture and clinician observation, Extentrac's 3-D spine positioning, motion capability, and applied distractive force, the clinician can customize athlete's stretching and care plan for quick and effective improvement in pain and functional outcomes.

02 EFFECTIVELY TARGETS & STRETCHES MUSCLES:
Provides comprehensive relief by specifically targeting the spine's deep core musculature and all supporting skeletal muscles through its 3-D positioning system, prior to the application of dynamic motion and applied forces of distraction.

03 IMPROVES RANGE OF MOTION AND FLEXIBILITY:
Used to stretch the body's musculoskeletal system in the Vertical (semi-weight-bearing) and Horizontal (non-weight bearing) positions to lengthen and strenghten contracted and shortened muscles, and improves sports performance by improving joint range-of-motion resulting in pain free status.

04 ENHANCES BODY POSTURE & MUSCULAR BALANCE:
Athletes benefit not only from immediate reduced pain in most cases, and improved posture due to joint proprioceptor activation and re-education of the neuromuscular system.

Extentrac® can perform a multi-range of treatments in vertical and horizontal positions (prone & supine).

THE EXTENTRAC® SPORT REHABILITATION DEVICE

AUTOMATED PROGRAMMED CYCLES FOR CONSISTENT AND REOCCURRING APPLICATION OF THERAPEUTIC PROTOCOLS.